

**When you're transgender and
your parents are not supportive**
legal information for under 18s





You are considered to be your affirmed gender by the law, just by identifying that way. Even if you have to wait change your birth certificate or start hormones, you are still **protected from discrimination.**



You are allowed to **transition socially at school** without your parents' permission. You can wear the uniform and use the bathroom you most feel comfortable in. Your teachers should use your chosen name and pronouns.



If you are **over 16**, you can change your **gender** on your **birth certificate** or a recognised details certificate, without your parents' permission. You can also change your **name** in the same application.



If you are under 18, you generally need consent from **your legal guardians** to receive gender-affirming healthcare - things like puberty blockers, testosterone, estrogen, and testosterone blockers and surgeries. In some cases, a doctor might decide that you are mature enough make your own healthcare decisions, and that you understand what will happen to your body.

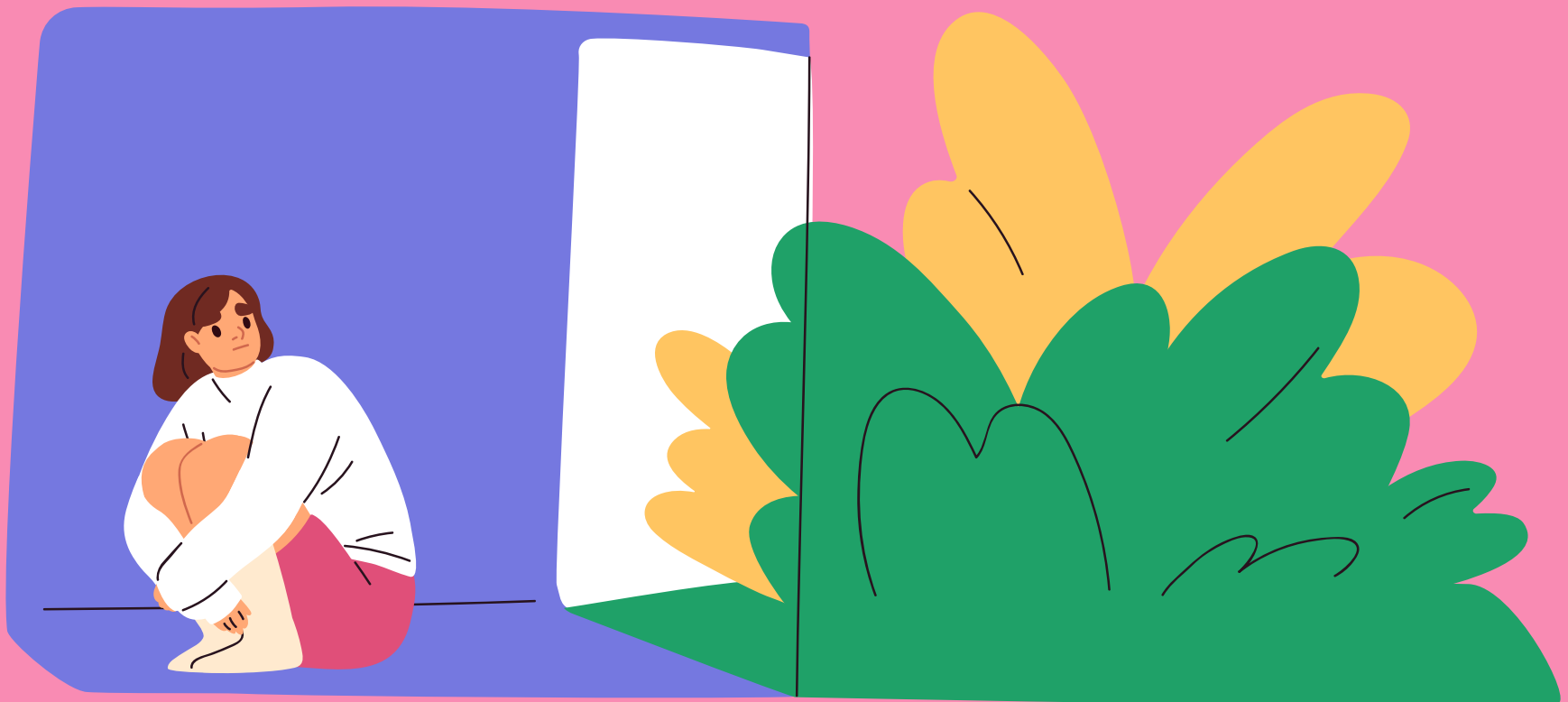
You can only start this through the private healthcare system right now.



If your parents don't support your name change, or birth certificate change, or healthcare decisions you can ask permission from a **court**. This can be a long and difficult process and you should seek legal advice.



If you're over 16, it might be possible for you to become **independent**. You might be able to **leave home** and receive Centrelink payments. You can talk to a social worker at Centrelink to see if this is right for you.



If you feel **unsafe** in your home, you can speak to a **trusted adult** or reach out to a **support service**.



You can contact the LGBTI Legal Service or Youth Advocacy Centre for young people aged 10-17, for free and confidential legal advice, without your parents knowing.